

Race 9 17.3.24					Salisbury 10ml			
Ladies' MAIN Grand Prix					Ladies' AGE - ADJUSTED Grand Prix			
HRRL Pos	Gun Time	Name	Points	Perf %	Age-adj. Gun Time	Name	Points	Age-Perf %
2	01:01:12	Tamsin Anderson	13	80.07%	0:55:38	Sarah Gurney	13	88.06%
3	01:02:26	Erin Willmers	12	78.48%	0:56:56	Tamsin Anderson	12	86.05%
6	01:05:17	Sarah Gurney	11	75.06%	0:59:56	Sarah Shedden	11	81.76%
9	01:06:21	Sarah Shedden	10	73.85%	1:00:28	Lorraine Hedworth	10	81.03%
15	01:09:05	Vanessa Monteleone	9	70.93%	1:00:39	Erin Willmers	9	80.79%
20	01:10:40	Caroline Carr	8	69.34%	1:02:52	Melissa Callister	8	77.93%
37	01:15:02	Sarah Witt	7	65.30%	1:03:07	Caroline Carr	7	77.63%
57	01:18:29	Melissa Callister	6	62.43%	1:07:01	Sarah Witt	6	73.11%
103	01:27:45	Sophie Black	5	55.84%	1:08:19	Vanessa Monteleone	5	71.73%
104	01:27:50	Lorraine Hedworth	4	55.79%	1:27:36	Sophie Black	4	55.94%
Men's MAIN Grand Prix					Men's AGE - ADJUSTED Grand Prix			
19	01:00:00	Nick Wood	13	72.92%	0:54:22	Nick Wood	13	80.46%
22	01:00:24	John Reed	12	72.43%	0:58:50	Steve Goodwin	12	74.37%
76	01:08:36	Pete Curtis	11	63.78%	1:00:24	John Reed	11	72.43%
123	01:13:45	Rick Munro	10	59.32%	1:01:07	Pete Curtis	10	71.59%
170	01:18:58	Steve Goodwin	9	55.40%	1:02:18	Rick Munro	9	70.22%
189	01:20:56	Tim Anderson	8	54.06%	1:02:47	Tim Anderson	8	69.69%
199	01:22:30	Dave Walker	7	53.03%	1:09:42	Dave Walker	7	62.77%
203	01:23:22	Jonny Herron	6	52.48%	1:23:22	Jonny Herron	6	52.48%
262	01:40:23	Saul Duck	5	43.58%	1:27:07	Saul Duck	5	50.22%

Race 8 4.2.24					Ryde 10ml			
Ladies' MAIN Grand Prix					Ladies' AGE - ADJUSTED Grand Prix			
HRRL Pos	Gun Time	Name	Points	Perf %	Age-adj. Gun Time	Name	Points	Age-Perf %
2	01:08:18	Sarah Gurney	13	71.74%	0:58:13	Sarah Gurney	13	84.17%
8	01:12:03	Sam Parkinson	12	68.01%	1:02:53	Sam Parkinson	12	77.93%
17	01:16:36	Caroline Carr	11	63.97%	1:08:25	Caroline Carr	11	71.62%
48	01:28:35	Sophie Black	10	55.32%	1:19:45	Jackie Ducker	10	61.44%
87	01:37:04	Jackie Ducker	9	50.48%	1:28:25	Sophie Black	9	55.41%
Men's MAIN Grand Prix					Men's AGE - ADJUSTED Grand Prix			
14	01:02:23	John Reed	13	70.13%	1:01:51	Steve Oliver	13	70.73%
23	01:05:32	Alex Whiting	12	66.76%	1:02:22	Steve Goodwin	12	70.15%
64	01:11:40	Pete Curtis	11	61.05%	1:02:23	John Reed	11	70.13%
100	01:18:12	Steve Oliver	10	55.95%	1:03:51	Pete Curtis	10	68.52%
119	01:20:53	Saul Duck	9	54.09%	1:05:32	Alex Whiting	9	66.76%
135	01:23:43	Steve Goodwin	8	52.26%	1:07:14	Tim Anderson	8	65.08%
143	01:24:08	Dave Walker	7	52.00%	1:10:11	Saul Duck	7	62.33%
156	01:26:40	Tim Anderson	6	50.48%	1:11:05	Dave Walker	6	61.55%

Race 7 7.1.24					Stubbington 10km			
Ladies' MAIN Grand Prix					Ladies' AGE - ADJUSTED Grand Prix			
HRRL Pos	Gun Time	Name	Points	Perf %	Age-adj. Gun Time	Name	Points	Age-Perf %
6	00:38:05	Erin Willmers	13	78.03%	0:33:39	Sarah Gurney	13	88.33%
12	00:39:01	Sarah Gurney	12	76.16%	0:35:29	Sarah Shedden	12	83.75%
15	00:39:21	Sarah Shedden	11	75.52%	0:36:52	Erin Willmers	11	80.62%
30	00:43:19	Caroline Carr	10	68.60%	0:38:34	Cathy Kinnear	10	77.04%
68	00:47:15	Sarah Witt	9	62.89%	0:38:39	Caroline Carr	9	76.90%
74	00:47:28	Cathy Kinnear	8	62.61%	0:39:26	Melissa Callister	8	75.35%
92	00:48:56	Laura Whiting	7	60.73%	0:42:09	Sarah Witt	7	70.50%
97	00:49:08	Melissa Callister	6	60.48%	0:44:17	Carrie Oliver	6	67.10%
145	00:53:19	Sophie Black	5	55.74%	0:46:16	Jackie Ducker	5	64.22%
200	00:56:15	Jackie Ducker	4	52.83%	0:48:55	Laura Whiting	4	60.74%
227	00:58:03	Carrie Oliver	3	51.19%	0:53:07	Sophie Black	3	55.94%
Men's MAIN Grand Prix					Men's AGE - ADJUSTED Grand Prix			
15	00:33:45	George Belfield	13	78.22%	0:31:25	Paul Boyd-Leslie	13	84.02%
33	00:35:06	Jack England	12	75.21%	0:32:41	Nick Wood	12	80.78%
36	00:35:16	Dave Gaskell	11	74.86%	0:32:56	Paul Horler	11	80.15%
50	00:35:58	Paul Boyd-Leslie	10	73.40%	0:33:32	Dan Hoare	10	78.74%
53	00:36:10	Nick Wood	9	73.00%	0:33:42	George Belfield	9	78.34%
66	00:36:49	Andy Costello	8	71.71%	0:33:59	Dave Gaskell	8	77.69%
68	00:36:54	James Moore	7	71.54%	0:34:06	Andy Costello	7	77.43%
71	00:37:10	Nick Davies	6	71.03%	0:34:53	Alan Tulip	6	75.68%

76	00:37:25	Dan Hoare	5	70.56%
86	00:37:42	Alex Whiting	4	70.03%
90	00:37:55	John Reed	3	69.63%
92	00:38:05	Bracken Dawson	2	69.32%
116	00:39:05	Harry Stow	1	67.55%
122	00:39:17	Jack Hallybone	1	67.20%
130	00:39:27	Pete Curtis	1	66.92%
140	00:39:45	Paul Horler	1	66.42%
144	00:39:54	Caspian James	1	66.17%
156	00:40:29	William Hadley	1	65.21%
192	00:41:47	Dean Rawlins	1	63.18%
262	00:44:33	Steve Oliver	1	59.26%
289	00:45:50	Alan Tulip	1	57.60%
310	00:46:33	Kevin Frisby	1	56.71%
310	00:46:33	John Mills	1	56.71%
325	00:47:22	Jonny Herron	1	55.74%
327	00:47:27	Steve Goodwin	1	55.64%
343	00:48:03	Stephen Clow	1	54.94%
362	00:49:00	Tim Anderson	1	53.88%
397	00:50:24	Dave Walker	1	52.38%
414	00:51:29	Adrian Field	1	51.28%
464	00:55:19	Saul Duck	1	47.73%
474	00:55:59	Matt Lavers	1	47.16%

0:35:03	Jack England	5	75.33%
0:35:03	Pete Curtis	4	75.31%
0:35:15	Steve Oliver	3	74.91%
0:35:24	Steve Goodwin	2	74.57%
0:35:32	Nick Davies	1	74.29%
0:36:35	William Hadley	1	72.17%
0:36:50	John Mills	1	71.69%
0:36:53	James Moore	1	71.57%
0:37:35	Bracken Dawson	1	70.24%
0:37:42	Alex Whiting	1	70.03%
0:37:55	John Reed	1	69.63%
0:38:13	Kevin Frisby	1	69.07%
0:38:23	Dean Rawlins	1	68.78%
0:38:24	Tim Anderson	1	68.76%
0:38:57	Harry Stow	1	67.77%
0:38:58	Caspian James	1	67.74%
0:39:06	Stephen Clow	1	67.53%
0:39:17	Jack Hallybone	1	67.20%
0:41:53	Adrian Field	1	63.03%
0:42:31	Dave Walker	1	62.09%
0:47:22	Jonny Herron	1	55.74%
0:47:55	Saul Duck	1	55.10%
0:48:54	Matt Lavers	1	53.98%

Race 6 3.12.23					Victory 5ml			
<b>Ladies' MAIN Grand Prix</b>					<b>Ladies' AGE - ADJUSTED Grand Prix</b>			
RACE Pos	Gun Time	Name	Points	Perf %	Age-adj. Gun Time	Name	Points	Age-Perf %
4	00:30:50	Sarah Gurney	13	77.30%	0:26:42	Sarah Gurney	13	89.25%
8	00:31:48	Sarah Shedden	12	74.95%	0:28:48	Sarah Shedden	12	82.78%
23	00:35:00	Caroline Carr	11	68.10%	0:31:21	Caroline Carr	11	76.02%
141	00:49:31	Fiona Bolton	10	48.13%	0:34:37	Gill Goodwin	10	68.84%
148	00:51:01	Gill Goodwin	9	46.72%	0:42:24	Fiona Bolton	9	56.22%
<b>Men's MAIN Grand Prix</b>					<b>Men's AGE - ADJUSTED Grand Prix</b>			
15	00:27:14	George Belfield	13	77.36%	0:25:08	Richard Bidgood	13	83.83%
23	00:27:28	Richard Bidgood	12	76.70%	0:26:36	Alan Tulip	12	79.20%
51	00:29:55	Alex Whiting	11	70.42%	0:26:51	Paul Horler	11	78.44%
55	00:30:11	Nick Davies	10	69.80%	0:27:11	George Belfield	10	77.50%
56	00:30:14	John Reed	9	69.68%	0:28:05	Pete Curtis	9	75.01%
80	00:31:43	Pete Curtis	8	66.42%	0:28:28	Steve Goodwin	8	74.02%
94	00:32:29	Paul Horler	7	64.85%	0:28:43	Nick Davies	7	73.35%
114	00:33:25	Colin McManus	6	63.04%	0:29:55	Alex Whiting	6	70.42%
143	00:34:58	Alan Tulip	5	60.25%	0:29:59	John Mills	5	70.26%
168	00:36:17	Saul Duck	4	58.06%	0:30:14	John Reed	4	69.68%
179	00:37:17	Jonathan Herron	3	56.50%	0:31:04	Colin McManus	3	67.82%
188	00:37:57	John Mills	2	55.51%	0:31:20	Saul Duck	2	67.24%
192	00:38:09	Steve Goodwin	1	55.22%	0:33:03	Dave Walker	1	63.76%
208	00:39:16	Dave Walker	1	53.65%	0:37:17	Jonathan Herron	1	56.50%

Race 5 19.11.23					Gosport Half Marathon			
<b>Ladies' MAIN Grand Prix</b>					<b>Ladies' AGE - ADJUSTED Grand Prix</b>			
RACE Pos	Gun Time	Name	Points	Perf %	Age-adj. Gun Time	Name	Points	Age-Perf %
6	1:29:14.8	Sarah Gurney	13	72.29%	1:17:00	Sarah Gurney	13	83.80%
12	1:31:56.6	Sarah Shedden	12	70.17%	1:23:08	Sarah Shedden	12	77.60%
123	1:56:49.6	Laura Whiting	11	55.22%	1:43:24	Carrie Oliver	11	62.40%
283	2:16:16.9	Carrie Oliver	10	47.34%	1:56:50	Laura Whiting	10	55.22%
<b>Men's MAIN Grand Prix</b>					<b>Men's AGE - ADJUSTED Grand Prix</b>			
RACE Pos	Gun Time	Name	Points	Perf %	Age-adj. Gun Time	Name	Points	Age-Perf %
75	1:23:56.4	Justin Corrie	13	69.12%	1:13:35	Justin Corrie	13	78.84%
76	1:23:56.8	Dave Gaskell	12	69.11%	1:19:22	Dan Hoare	12	73.10%
79	1:24:04.4	Alex Whiting	11	69.01%	1:20:26	Steve Oliver	11	72.13%
118	1:27:21.0	Nick Davies	10	66.42%	1:21:24	Dave Gaskell	10	71.28%
119	1:27:24.6	John Reed	9	66.37%	1:22:30	William Hadley	9	70.32%
128	1:28:11.2	Dan Hoare	8	65.79%	1:23:38	Pete Curtis	8	69.37%
167	1:30:52.9	William Hadley	7	63.84%	1:24:03	Nick Davies	7	69.02%
206	1:33:44.3	Pete Curtis	6	61.89%	1:24:04	Alex Whiting	6	69.01%
233	1:36:01.6	Colin McManus	5	60.42%	1:24:39	Rick Munro	5	68.54%
293	1:40:06.3	Rick Munro	4	57.96%	1:27:25	John Reed	4	66.37%

326	1:41:40.0	Steve Oliver	3	57.07%
373	1:44:29.6	Saul Duck	2	55.52%
449	1:49:02.1	Dave Walker	1	53.21%
506	1:52:51.3	Stephen Clow	1	51.41%
653	2:04:48.6	Adrian Field	1	46.48%

1:30:10	Colin McManus	3	64.35%
1:30:48	Saul Duck	2	63.90%
1:31:55	Stephen Clow	1	63.12%
1:32:12	Dave Walker	1	62.92%
1:41:39	Adrian Field	1	57.08%

Race 4 5.11.23					Hayling 10ml			
<b>Ladies' MAIN Grand Prix</b>					<b>Ladies' AGE - ADJUSTED Grand Prix</b>			
HRRL Pos	Gun Time	Name	Points	Perf %	Age-adj. Gun Time	Name	Points	Age-Perf %
2	1:06:00	Sarah Gurney	13	74.24%	0:56:56	Sarah Gurney	13	86.08%
3	1:06:00	Sarah Shedden	12	74.24%	0:59:37	Sarah Shedden	12	82.19%
65	1:33:00	Jackie Ducker	11	52.69%	1:16:10	Gill Goodwin	11	64.34%
114	1:54:00	Gill Goodwin	10	42.98%	1:16:25	Jackie Ducker	10	64.13%
<b>Men's MAIN Grand Prix</b>					<b>Men's AGE - ADJUSTED Grand Prix</b>			
HRRL Pos	Gun Time	Name	Points	Perf %	Age-adj. Gun Time	Name	Points	Age-Perf %
7	1:00:00	Justin Corrie	13	72.92%	0:52:32	Justin Corrie	13	83.29%
15	1:02:00	John Reed	12	70.56%	0:56:16	Alan Tulip	12	77.76%
48	1:07:00	William Hadley	11	65.30%	1:00:43	William Hadley	11	72.06%
62	1:09:00	Pete Curtis	10	63.41%	1:01:28	Pete Curtis	10	71.17%
97	1:14:00	Rick Munro	9	59.12%	1:01:43	Steve Goodwin	9	70.88%
99	1:14:00	Alan Tulip	8	59.12%	1:02:00	John Reed	8	70.56%
136	1:20:00	Saul Duck	7	54.69%	1:02:31	Rick Munro	7	69.98%
138	1:20:00	John Mills	6	54.69%	1:03:17	John Mills	6	69.14%
143	1:21:00	Dave Walker	5	54.01%	1:08:26	Dave Walker	5	63.94%
145	1:22:00	Steve Goodwin	4	53.35%	1:09:25	Saul Duck	4	63.02%

Race 3 29.10.23					New Forest 10ml			
<b>RACE WAS CANCELLED</b>								

Race 2 1.10.23					Solent Half Marathon			
<b>Ladies' MAIN Grand Prix</b>					<b>Ladies' AGE - ADJUSTED Grand Prix</b>			
HRRL Pos	Gun Time	Name	Points	Perf %	Age-adj. Gun Time	Name	Points	Age-Perf %
4	01:32:07	Sarah Gurney	13	70.04%	1:19:28	Sarah Gurney	13	81.18%
<b>Men's MAIN Grand Prix</b>					<b>Men's AGE - ADJUSTED Grand Prix</b>			
HRRL Pos	Gun Time	Name	Points	Perf %	Age-adj. Gun Time	Name	Points	Age-Perf %
4	01:16:25	George Belfield	13	75.92%	1:11:52	Justin Corrie	13	80.74%
11	01:21:58	Justin Corrie	12	70.78%	1:16:25	George Belfield	12	75.92%
21	01:26:08	John Reed	11	67.36%	1:24:25	Steve Goodwin	11	68.73%
89	01:42:54	Rick Munro	10	56.38%	1:26:08	John Reed	10	67.36%
114	01:50:07	Saul Duck	9	52.69%	1:27:01	Rick Munro	9	66.68%
118	01:50:43	Dave Walker	8	52.40%	1:33:37	Dave Walker	8	61.97%
126	01:52:13	Steve Goodwin	7	51.70%	1:35:41	Saul Duck	7	60.64%

Race 1 3.9.23					Overton 5ml			
<b>Ladies' MAIN Grand Prix</b>					<b>Ladies' AGE - ADJUSTED Grand Prix</b>			
HRRL Pos	Gun Time	Name	Points	Perf %	Age-adj. Gun Time	Name	Points	Age-Perf %
5	0:32:29	Sarah Gurney	13	73.37%	0:28:08	Sarah Gurney	13	84.71%
14	0:36:01	Vanessa Monteleone	12	66.17%	0:32:08	Melissa Callister	12	74.15%
22	0:37:14	Sarah Witt	11	64.01%	0:33:21	Sarah Witt	11	71.46%
23	0:37:25	Caroline Carr	10	63.70%	0:33:31	Caroline Carr	10	71.11%
37	0:39:50	Melissa Callister	9	59.83%	0:35:42	Vanessa Monteleone	9	66.75%
148	0:59:06	Gill Goodwin	8	40.33%	0:40:06	Gill Goodwin	8	59.43%
<b>Men's MAIN Grand Prix</b>					<b>Men's AGE - ADJUSTED Grand Prix</b>			
HRRL Pos	Gun Time	Name	Points	Perf %	Age-adj. Gun Time	Name	Points	Age-Perf %
8	0:27:26	George Belfield	13	76.79%	0:26:22	Nick Wood	13	79.92%
20	0:29:17	Nick Wood	12	71.94%	0:27:25	George Belfield	12	76.83%
21	0:29:38	Dave Gaskell	11	71.09%	0:28:25	Dave Gaskell	11	74.13%
26	0:30:11	John Reed	10	69.80%	0:28:41	Alan Tulip	10	73.46%
48	0:31:52	Alex Whiting	9	66.11%	0:29:29	Steve Goodwin	9	71.45%
84	0:34:30	Pete Curtis	8	61.06%	0:30:11	John Reed	8	69.80%

132	0:37:42	Alan Tulip	7	55.88%
143	0:38:47	Saul Duck	6	54.32%
148	0:39:08	Steve Goodwin	5	53.83%
162	0:40:00	Dave Walker	4	52.67%
169	0:40:57	John Mills	3	51.44%

0:30:33	Pete Curtis	7	68.96%
0:31:52	Alex Whiting	6	66.11%
0:32:21	John Mills	5	65.11%
0:33:29	Saul Duck	4	62.91%
0:33:40	Dave Walker	3	62.59%